



MAIDEN ERLEGH

SCHOOL

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6 December 2024

Dear Parent/Guardian

Berkshire Schools Cross Country Championships

Please find attached the information for the Berkshire Schools Cross Country Championships being held on **Saturday 18 January 2025 at Newbury Showground, Berkshire**. Please note that schools must enter athletes and individuals cannot enter by themselves. If your child is interested in taking part, please e-mail Mr Flynn on J.Flynn@maidenerleghtrust.org

The competition is the county cross country championships for both boys and girls in years 7 to 13. This is held annually in January. The course is flat and varied with fields and trails. Anyone may enter this competition, and schools may enter as many athletes as they would like (there is no charge for entries). The first **4** athletes in each age group for the school will constitute the teams and schools may have as many teams as they would like (they may also have individuals). There are trophies for the top teams in each age group.

The letter attached explains all of the rules and key aspects of the competition. The schools need students to enter by no later than **FRIDAY 10 JANUARY 2025**. There will be **NO late additions after this date**.

A reminder that age groups are different to other sports e.g. netball / football etc. A year 7 would usually be U12 but in cross country it is U13 as the age is taken on 31 August. A table of dates of birth and age groups is shown on the letters for your information. Pupils must be entered into the correct age group and cannot run 'up' or 'down' an age group.

If you have any questions, please do not hesitate to get in touch with a member of the PE department.

Regards

Mr J Flynn
Head of Physical Education



Aim High



Be Inclusive



Work Together



**BERKSHIRE SCHOOLS ATHLETIC
ASSOCIATION
(FOUNDED IN 1925)**

Cross Country Secretary
Ms Jill Wright
32 Church Road
Chavey Down
Ascot
Berks SL5 8RR
Tel: 01344 885475

Cross Country Secretary
Mrs Pip Kirkby
Dolphin School
Waltham Road
Hurst, Reading, Berkshire
RG10 0FR
Tel: 07966281684

BERKSHIRE SCHOOLS CROSS COUNTRY CHAMPIONSHIPS
Saturday 18th January 2025 12.45pm
Newbury Showground, Newbury, Berkshire

CHAMPIONSHIP EVENTS

| | | |
|---------|--|-------------------|
| 12.45pm | Under 13 Girls | 2.2-2.4km approx. |
| 1.05pm | Under 13 Boys | 2.8-3.0km approx. |
| 1.20pm | Senior Boys (U19) | 7.0-7.2km approx. |
| 1.45pm | Intermediate Girls (U17) And Senior Girls (U19) | 3.8-4.0km approx. |
| 2.15pm | Junior Boys (U15) | 3.8-4.0km approx. |
| 2.35pm | Junior Girls (U15) | 2.8-3.0km approx. |
| 2.50pm | Intermediate Boys (U17) | 5.5-5.8km approx. |

Please Note:

1. There are no changing facilities available, please come ready.
2. Toilet facilities will be in portaloos as showground toilets are closed for the winter.
3. Closing date for entries is **FRIDAY 10th JANUARY 2025** (No payment required)
4. All competitors should wear school PE or athletics kit. Club vests should not be worn.
5. Declarations will be in a tent between the start and the finish.
6. Runners and Spectators should enter the Showground using the Trentham Gate (that is the black one closest to the A34), and park as directed. There will be a small charge for parking.

Competition rules:

1. A school may enter as many runners as it likes. You do not have to enter a team; individuals can also be entered. If at least 4 runners are entered in each race, then the first 4 runners in will constitute the 'A' team, the second 4 the 'B' team etc.
2. Athletes must be accompanied on the day by an adult team manager, who may be a teacher or a person e.g., parent approved by the school.
3. Entries **WILL NOT** be accepted on the day. All entries must be made to the cross-country secretary by the date set.
4. **All schools entering athletes must be affiliated with the Berkshire Schools Athletics Association prior to the competition. Any school not affiliated could lead to their athletes not being allowed to run or progress through to the next rounds of the competition.**

5. Please arrive at the registration table at least 45 minutes before your first race. You will then receive your numbers and envelopes. The school's nominated team manager will be the only one allowed to collect the numbers / envelopes for their school. They should then distribute these out to their athletes. Numbers will not be given out to individuals.
6. Numbers will be provided on the day. **PINS WILL NOT BE PROVIDED. PLEASE BRING YOUR OWN.**
7. A disc indicating finishing position will be handed to each runner at the end of the race. This must be handed to the team manager who should place it in the envelope provided with the result written on the front and then the envelope must be handed in as soon as possible to the results officials near to the finish.
8. Complete results should be available on the day. There will be presentations of medals for the top 3 individuals and trophies and certificates for the top teams during the afternoon so please ensure that your athletes stay for these.
9. The top 16 athletes in each age group (except U13) will be selected to represent Berkshire at the Inter Counties event to be held on **Saturday 1st February** at Newbury Showground, Berkshire. Selection for the English Schools Championships on **Saturday 15th March** at Ardingly, West Sussex will be made based on performance at the county and inter county championships.
THIS SELECTION DOES NOT APPLY TO U13 ATHLETES (YEAR 7'S)
10. Entries are to be done by email. Please complete the attached entry forms with Full Names and Dates of Birth and return by email to Pip Kirkby on berkshireschoolsaa@gmail.com

Please ensure athletes are entered in the correct age group. Be aware that cross country / athletics age groups differ to other sports e.g. a year 7 in Netball is U12 whereas in Cross Country they are U13. This is taken from their age at the end of the academic year i.e., 31st August 2024.

Age groups:

| | | | |
|----------|----------------------|--------------|---------------------|
| Under 13 | Academic year 7 | Born between | 01.09.12 & 31.08.13 |
| Under 15 | Academic years 8/9 | Born between | 01.09.10 & 31.08.12 |
| Under 17 | Academic years 10/11 | Born between | 01.09.08 & 31.08.10 |
| Under 19 | Academic years 12/13 | Born between | 01.09.06 & 31.08.08 |

Results and any other information will be posted on the school's section of the Berkshire Athletics Association Website <http://www.berkshireathletics.org.uk/content/schools>

And Twitter – <https://twitter.com/BerksSchoolsAA>

And Facebook – <https://www.facebook.com/BerkshireSchoolsAA>

Or email - berkshireschoolsaa@gmail.com

We look forwards to receiving your entries and to seeing you on Saturday 18th January 2025 at Newbury.

Best Wishes

Pip Kirkby & Jill Wright

Berkshire Cross Country Secretaries.

**PLEASE COMPLETE THE ATTACHED ENTRY FORMS AND RETURN TO PIP
KIRKBY BY **FRIDAY 10th JANUARY 2025** BY EMAIL
(berkshireschoolsaa@gmail.com)**