



3 October 2025

Dear Parent/Guardian

Personal Development

As part of our Personal, Social, and Economic Education (PSHE), students at Maiden Erlegh School will be receiving lessons in Relationship & Sex Education (RSE), Citizenship, Healthy Eating, British Values, Cyber Safety, etc during this academic year. These lessons are designed to help students develop the knowledge, skills, and values to make informed decisions about their wellbeing, health, and relationships. Personal Development is currently delivered to students 1 lesson per week. We follow all the government guidance provided and review the content to ensure it is kept up to date and relevant for the students. The overview of the Personal Development Programme can be found on our website, via this link:

[Maiden Erlegh School - Personal Development](#)

Religion & Sex Education (RSE)

Personal Development allows students to find out about and discuss a range of topics which impact on their lives and futures. One key element of this is RSE, which is taught in the context of developing positive values and a moral framework that will help guide students in their future judgements and decisions. We aim to teach an awareness and respect of all human sexuality, as well as exploring reasons, consequences and responsibilities associated with sexual activity and behaviour. Delivery of these themes will run in line with our RSE and Equality Policies, both of which can be found on the website.

Governors recognise the importance of all students' participation in RSE. A parent may, however, exercise a right of withdrawal from these lessons if the content is not part of the national curriculum (Section 405 of the Education Act 1996). Should you wish to exercise your right to withdraw your child from the RSE lessons only, you should inform the Headteacher in writing. If your child is withdrawn, the school will ensure your child has appropriate work during the period of withdrawal. Once a child reaches 15 they may choose to receive sex education even if their parents have previously withdrawn them.



If you do wish to withdraw your child from RSE, we may invite you in for a meeting to explain the school's policy and discuss your concerns with you. We encourage all parents to engage with us about the RSE curriculum. Our aim is to work in partnership with families to support students in navigating adolescence safely and responsibly.

Yours sincerely



Mr M Bell

Head of Personal Development

