



21 November 2025

Dear Parent/Guardian

Personal Development Update

With the Autumn term well under way, we wanted to share an overview of what each year group has been exploring in their Personal Development (PD) curriculum at Maiden Erlegh School, as well as an indication of what coming up later this term. PD lessons are designed to help students develop the skills, knowledge, and values they need to thrive both in school and beyond. We've also included a suggested discussion point you could use to spark a conversation with your child and encourage them to engage more deeply with their PD learning.

Year	Current Learning	Upcoming Learning	Discussion Point
7	'Who am I as a Maiden Erlegh School student', which provides guidance on expectations, online safety and anti-bullying.	'Looking after me' is about mental health awareness, making healthy choices and protecting yourself online.	What have you learned about being a responsible student at MES?
8	Online safety including an insight into the dark web	'Managing pressures and challenges' looks at risks of teenage pregnancy, future career goals, and hope to cope with loss and bereavement.	What has surprised you most about the dark web?
9	Becoming GCSE ready, learning key studying skills and revision techniques in preparation for the years ahead	Media literacy and staying safe digitally	Which revision strategies worked best for you and why?



10	The role of parliament and active citizenship – with a particular focus on how students can have impact in their local community	Relationships and Sex Education	How do you think young people can make a difference in their community?
11	Wellbeing, looking at strategies and techniques for coping with the demands of Year 11	Careers and how to write a CV	Are there any wellbeing strategies you have learned about that you feel can support you? Why?
12	Becoming 'Sixth Form ready', learning key studying skills and revision techniques in preparation for the years ahead	'Personal Health Wellbeing and Safety' looks at the risks of drugs, alcohol and body enhancements	Which study habits have you learned about that you feel will benefit your academic studies in the sixth form?
13	Working on college and UCAS applications and interview technique in preparation for university or college interviews.	Employment rights and Responsibilities looks at building professional relationships in the workplace, data handling and travelling abroad.	What have you included in your applications that you are proud of?

We hope these questions provide you with some food for thought around your child's learning and support their personal development journey. If you have any questions about the PD curriculum, please do not hesitate to contact us.

Yours sincerely



Mr M Bell
Head of Personal Development

