



11 September 2026

Dear Parent/Guardian

### **Extra-Curricular Physical Education Programme**

I am writing to share details of the extra-curricular Physical Education programme for this term. Our clubs are open to all students, whatever their experience or ability, and we would warmly encourage your child to come along and try something new.

All clubs are completely free of charge and there is no need to register in advance, students simply turn up on the day. After-school clubs run from 3.00pm until 4.00pm and before-school clubs run from 7.45am until 8.25am. Students should bring appropriate PE kit, including suitable footwear for both indoor and outdoor activity, and those attending after-school clubs will be dismissed at 4.00pm.

Taking part in extra-curricular sport is a great way for students to stay active, build confidence and make friends across year groups, and we hope to see as many students as possible over the coming weeks.

The full timetable is set out below. Please note that a small number of clubs begin later in the term, and these are marked accordingly.

If you have any questions about the programme, please do not hesitate to contact the Physical Education Department via the school office.

Yours sincerely

Mr J Flynn  
Head of Physical Education



| Day       | Before School<br>(7.45 – 8.25am) | Boys After School<br>(3.00 – 4.00pm)                                                                             | Girls After School<br>(3.00 – 4.00pm)                                                                                | Mixed After School<br>(3.00 – 4.00pm)                                               |
|-----------|----------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Monday    | Year 10/11<br>Badminton          | Year 7 Rugby (Mr Crockford / Mr Smith)<br>Year 9–11 Basketball (Mr Mackie / Mr Bryant)<br><i>After half term</i> | All Years Rugby (Mr Flynn / Mr Crockford)<br>All Years Basketball (Mr Stringer)<br><i>Starts Monday 14 September</i> |                                                                                     |
| Tuesday   | Year 8/9<br>Badminton            | Year 8 Rugby (Mr Pringle)                                                                                        |                                                                                                                      | All Years Volleyball (Mrs Blight)<br>Year 10/11 Netball (Miss Young / Mrs Whiteman) |
| Wednesday |                                  | Year 10 Rugby (Mr Bryant)<br>Year 11 Rugby (Mr Bryant)                                                           |                                                                                                                      | Year 7 Netball (Mrs Whiteman)<br>GCSE Badminton (Mr Flynn)                          |
| Thursday  |                                  | Year 9 Rugby (Mr Mackie)<br>Year 7–9 Basketball (Mr Crockford / Mr Bryant)<br><i>Before half term</i>            |                                                                                                                      | Year 8/9 Netball (Miss Avery)                                                       |
| Friday    | Year 7 Badminton                 |                                                                                                                  | All Years Football (Mr Pringle & Miss Pepper) – Astro                                                                |                                                                                     |

