



18 September 2026

Dear Parent/Guardian

Positively You

Following a fantastic session delivered by the Positively You team on Monday 8 June 2026, which focused on 'Super Speed Study Skills', we are delighted to continue our partnership with them throughout this academic year.

The students found the session both engaging and informative, gaining valuable strategies to support their independent learning and revision techniques. Building on this success, Positively You will be returning to school to deliver two further sessions designed to support students in their preparation for GCSE success.

The upcoming sessions are:

Friday 2 October 2026 - Mastering Student Motivation

Mastering Student Motivation workshop is focused on empowering students to take ownership of their learning. It provides that spark of inspiration to encourage students to identify their 'whys':

- Why do I want what I want?
- Why do I deserve to succeed?
- Why am I prepared to step up to the challenges of education beyond school?
- Why should I go the extra mile?

Friday 27 November 2026 - Exam Busters

This highly interactive workshop equips students with a range of effective revision and exam preparation techniques, including reflective thinking and reviewing skills. Students will also learn stress management techniques to help reduce exam stress and ensure their focus is on their strong performance.

If you would like to find out more about Positively You, please visit their website:

<https://positivelyyou.org.uk/>

The workshop will last one hour and will replace one lesson for students on both Fridays. Students will be informed in advance when their sessions will be.



These workshops form part of our ongoing commitment to supporting students academically and emotionally as they progress through their examination courses. We are confident that these sessions will provide students with valuable tools to help them maximise their potential.

Thank you for your continued support.

Yours sincerely



Mr S Bryant

Head of Year 11

