



18 September 2026

Dear Parent/Guardian

BRIYM Parent Workshops 2026-27

Following the success of our parent workshop programme last year, we are delighted to offer a further six BRIYM workshops throughout this academic year.

The sessions selected for this year are all new topics, providing a completely fresh programme for those who attended previously. Due to the positive feedback and impact of last year's workshops, we will also be opening these sessions to parents and carers from other secondary schools within the Maiden Erlegh Trust, ensuring that more families can benefit from this valuable support.

The workshops will cover a range of topics designed to support parents and carers in navigating some of the challenges young people face today. Details of the sessions are outlined below.

Date	Session
Tuesday 29 Sept	Raising Confident, Independent & Motivated Children
Tuesday 1 Dec	Supporting School Attendance & Managing Anxiety Around School
Tuesday 26 Jan	The BRIYM Revision NON-Hacks
Tuesday 9 March	Understanding Neuro Diversity at Home
Tuesday 27 April	Positive Behaviour Without the Battles
Tuesday 29 June	Screen time, Gaming, Social Media and Staying Safe Online

All sessions will take place in the Main Hall at Maiden Erlegh School, Silverdale Road, Reading, RG6 7HS, and will begin promptly at 6.00pm. Students and children are welcome.



The booking for the first session 'Raising Confident, Independent & Motivated Children' on Tuesday 29 September is now open.

Moving forward we will be using '**Sched**' to book places on BRIYM events. Please follow the link below to secure your place. Booking can be completed on a browser, or the Sched App. You will be prompted to create an account by choosing a password. Once you have done this you will be able to add the BRIYM workshop to your schedule.

[BRIYM Workshop 1 - Raising Confident, Independent & Motivated Children](#)

For further information about the BRIYM service and the support they provide, please visit: [BRIYM - Building Resilience in Young Minds](#)

We hope you will be able to join us for these informative and engaging sessions.

Yours sincerely



Miss C Burns
Head of School

